

## Biography

"THE ONLY SOURCE OF KNOWLEDGE IS EXPERIENCE."

Albert Einstein

When he was first introduced to martial arts at age 9, Stéphane Vien didn't know he was also making his first steps on his professional path. In 1980, when he was barely 19 years old, he already was at headmaster of a martial arts school. His teaching career had launched! True to himself, Stéphane would not stop there. In 1983, he began his studies in shiatsu and in Chinese medicine.

As early as 1985, he started his career both as a teacher and as a shiatsu therapist. In 1993, Kiné-Concept, a reputable massage therapy school in Montréal, Canada, entrusts him with a mission: to develop a training program in shiatsu-do and in shiatsu according to the teachings of Master Masunaga. Since then, Stéphane, who still supervises the program, has been focusing on training the next generation of shiatsu practitioners and teachers.

Today, with over 30 years of experience, Stéphane shares his knowledge, his know-how and his social skills in Canada and abroad. In addition to the one-year education in shiatsu according to the teachings of Master Masunaga, he gives conferences and intensive trainings on different topics: **reading of the face, kiology, Peripheral reading of meridians**, etc.

In parallel with his teaching, Stéphane keeps his private practice in company of those he calls his "teachers." His long years of experience allowed him to realise that it is his clients who give him the most precious teachings on humans and their ability to heal. Today, people from as far as Europe come to benefit from his expertise and his know-how.

## Principal Trainers

- **Sensei Wataru Ohashi**, Ohashiatsu
- **Sensei Pauline Sasaki**, Quantum shiatsu
- **Sensei Tetsuro Saito**, Shinso shiatsu
- **Pamela Ellen Ferguson**, Shiatsu
- **Jean Haner**, reading of the face and kiology
- **Colette Portelance**, Creative Nondirective Approach

## Published Articles

- *Shiatsu détente*, in *Médecine Nouvelle*, vol. 2 no. 1 January-February 1989, p. 20-21
- *Shiatsu pour les enfants*, in *Médecine Nouvelle*, vol. 2 no. 2 March-April 1989, p. 6-7
- *Shiatsu pour les enfants*, in *Médecine Nouvelle*, vol. 2 no. 3 Mai-June 1989, p. 12-13
- *Shiatsu pour les enfants*, in *Médecine Nouvelle*, vol. 2 no. 4 July-September 1989, p. 6-7
- *Shiatsu de la femme enceinte*, in *Le Messenger*, vol. 19 no. 2 August 2002, p. 20
- *Shiatsu et troubles anxieux*, in *Le Messenger*, vol. 22 no. 3 November 2005, p. 15
- *Update and revision of pathos shiatsu files*, FQM, 2005
- *Shiatsu et maux de dos féminins*, in *Le Messenger*, vol. 28 no. 3 November 2011, p. 19
- *Shiatsu et douleurs lombaires*, in *Le Messenger*, vol. 28 no. 4 Février 2012, p. 21